

## *Our Goal*

To ensure that all families in the South Okanagan and Similkameen with children under 6 years old have the opportunity to participate in Ages and Stages Questionnaire



## *Check Early, Check Often*

If you have any questions or need more information, contact:

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# Check Early, Check Often

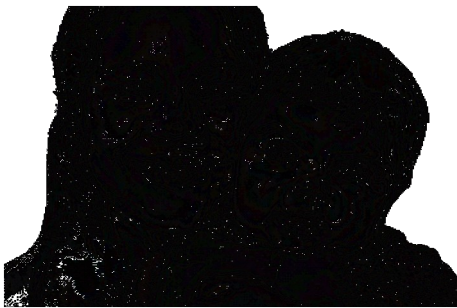


Kids need regular  
check ups too!

**ASQ**  
**Information for**  
**Parents**

## *What is ASQ?*

ASQ (Ages and Stages Questionnaire) provides a quick check of your child's development. It's an opportunity to learn about developmental milestones and fun learning activities.



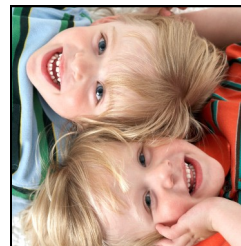
As a parent you are the best source of information about your child. That's why the simple questionnaires are designed to be filled out by you.

## *Why Check Early, Check Often?*

Because a child's first 6 years are critical to a healthy mind and body for life.

Checking on your young child's development helps to:

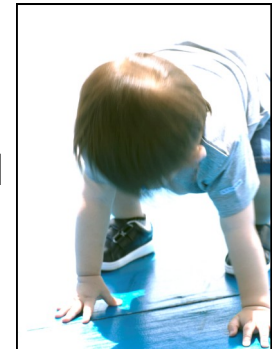
- make sure she is growing and learning well
- identify strengths as well as areas that he may need to practice
- prepare her to be ready to learn in kindergarten
- make sure he is off to the best possible start



## *What areas of development are being checked?*

**Communication:** what your child understands and what he or she can say.

**Gross motor:** How your child uses arms, legs and other large muscles.



**Fine motor:** Your child's hand and finger movement and coordination.

**Problem solving:** How your child plays with toys and solves problems.

**Personal-social:** Your child's self-help skills and interactions with others.