



September 2010

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## 6<sup>th</sup> Annual Parenting Conference

If you would you like to learn new parenting skills, better understand your child, and connect with other parents and care providers, please join us:

**Saturday, October 23, 2010**

**8:30 am to 4:00 pm**

**at**

**Queen's Park Elementary School**

**330 Power Street**

**Penticton, BC**

This exciting conference includes:

- ☺ Keynote speaker
- ☺ 3 Great workshops of your choice
- ☺ Delicious lunch and refreshments
- ☺ Tote bag full of resources
- ☺ Door prizes

All for  
\$20.00/person or \$30/couple

Child minding available

For information, call  
Lynn Cook (250) 496-5511,  
Email: [communitiesforkids@telus.net](mailto:communitiesforkids@telus.net),

or visit  
[www.communitiesforkids.ca](http://www.communitiesforkids.ca)

### Keynote Address, Hugh McClelland

**Laughing all the Way!** (How to laugh more with your kids and why it's so good for them.)

Having a good laugh is great. Having a good laugh with your kids is even better! So how come it's so hard sometimes to just relax and have a good time with the kids? At Hugh McClelland's up-beat and participatory presentation you'll be laughing and learning how to have more good laughs with your kids; why science says it is so good for them (and you); and how you can give your kids the developmental benefits of good laughter, and avoid the pitfalls of "toxic" laughter.

Here are some comments from participants who enjoyed past conferences:

- ◆ I thoroughly enjoyed my day learning and listening. I will absolutely do it again.
- ◆ Fabulous presenters, materials, info.
- ◆ I enjoyed all my classes and took away new ideas and tools.
- ◆ Keep up the great work with wonderful conferences.
- ◆ I really enjoyed getting a lot of helpful info.

**Communities for Kids**, in partnership with Success by 6®, engages families and communities in children's healthy early development.

## Parenting Conference Workshop Choices

Attend any 3 of the following exciting and informative workshops

### **Tantrums, Tears, and Trials. Leah Spanier.**

Explore what influences behaviour, and learn strategies that will guide children in healthy and positive ways.

### **Story Builder. Carrie Reiter.**

Create a felt storyboard that will help bring a story to life and make learning fun.

### **Parenting From the Heart – A Father's Perspective. Will Shepherd and Doug Spears.**

Learn a few simple tips that will make the job of being a father both rewarding and satisfying, while improving your relationship with your kids.

### **Anger, Mistaken Behaviour, and Your Child's Growth & Development. Brenda Barber.**

Find out how to understand children's anger and behaviour, why it is occurring, and how to manage difficult times.

### **Mad Scientist. Corinne Valleau.**

Discover new and exciting science experiments using inexpensive household items.

### **Early Literacy: The Link to Future Success and How to Make it Fun! Naomi Ludington and Theresa Swift.**

Learn how to make literacy fun in your day-to-day interactions with children through conversation, stories, and play.

### **Laugh Alive! Hugh McClelland.**

Explore how the right kind of laughter benefits physical and emotional health, and cognitive development.

### **Kindermusik with Ms. Bee. Nancy Browne.**

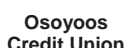
Experience fun musical activities that encourage the development of fine and gross motor skills, as well as vocal, social, and musical skills.

### **Brain Gym. Pat Everatt.**

Learn movements that encourage stimulation of the brain to bring about rapid and lasting positive changes in a child's abilities.

For more detailed information regarding workshops and presenters, please visit  
[www.communitiesforkids.ca](http://www.communitiesforkids.ca) or call 250-496-5511

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