

# Family Get-Together

Support & Education group for families with children with disabilities



## Who We Are

Congratulations on the birth of your new baby! As with any diagnosis, you may be experiencing any array of emotions as you welcome your new baby into the world. You may have concerns, questions, fears & joys to express, and we want you to know that you are not alone. Family Get-Together group is a local group of parents of children with a variety of disabilities including Down Syndrome. We primarily deal with children 0-5 years of age. This group is run by local families and with the support of the Infant Development Person at the Boys & Girls Club. Our aim is to provide support, advocacy, resources, education and recreation for families with a child with a disability.

We hope you'll join us.

## Meetings

Family Get-Together meets every 3<sup>rd</sup> Wednesday of the month at the Boys & Girls Club at 1295 Manitoba Street. We have a variety of spokespeople to come and speak about services available to us within the Okanagan. Meetings start at 5pm and include a meal donated by the Boys & Girls Club. Bring your kids to share in the experience.

## Getting Started

We know all about information overload! So, when you are ready to connect with another parent, please feel free to contact **Karen Brough** at the Boys & Girls Club at **250-493-0512 ext 113**.

\* If cost of transportation is an issue, please call Karen Brough to discuss transportation subsidy.

Proudly sponsored by Community for Kids.

