

**Are you a parent of a child 0 to 6 years of age?  
Are you an expectant parent?**

**CAPC may have a program for you.**



**CAPC**

**Community Action Program for Children:  
BC Parents and Partners, Together for Children's Health**

Okanagan Boys & Girls Club  
1295 Manitoba Street  
Penticton, BC V2A 4Z9

Phone: 250-493-0512

### **Purpose**

Family Outreach provides support and assistance for parents and parents-to-be who may feel isolated and want to create a strong, healthy family.

### **Family Outreach offers:**

- ♥ resource information on community programs and services
- ♥ ongoing parenting support for parents
- ♥ an opportunity to talk about parenting challenges with other parents
- ♥ energy, ideas, humour
- ♥ group and family fun activities

**A monthly calendar with program details is available!**