

St. Paul's Lutheran Church (LCC) 498-2152  
 Sunday School, ages 3 and up, 9:30 am.  
 Seventh-Day Adventist Church 498-4820  
 Sabbath School, 9:30 am, ages 6 and up  
 United Church of Canada 498-2781  
 Sunday School, ages 3 and up, 10:00 am.



## NOTES

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### Important Numbers

Police:..... 498-3422

Fire:..... 911

SO General Hospital 498-5000

Emergency/ambulance..... 911

Emergency Contact: \_\_\_\_\_

or \_\_\_\_\_

Doctor's Office: \_\_\_\_\_

Babysitter: \_\_\_\_\_ or \_\_\_\_\_

Babysitter: \_\_\_\_\_

**Parents are a child's  
first teachers.**

This directory is a service of Communities for Kids. It can be accessed at [www.communitiesforkids.ca](http://www.communitiesforkids.ca). If you know of any useful services that we have missed and that is in line with our goals, please contact us at 498-8433. We will be happy to make any additions. (updated February 2010)

# Oliver Community Directory

for  
families  
of  
children  
preconception to age 6

85% of the brain develops between the ages of 0 and 3.

[www.communitiesforkids.ca](http://www.communitiesforkids.ca)

## HEALTH SERVICES

**Oliver Health Centre** 250-498-5080

Public Health Nursing - prenatal classes;  
postnatal/breastfeeding support; child development  
assessment; child/adult immunization clinics;  
parenting support; dental referrals, nutrition, hearing  
information & referrals; stop smoking information

Nursing Support Services 250-770-3434

Support for children with special health care  
needs

Postpartum Depression support 250-770-3555

Speech Language Pathologist 250-498-5074  
referrals and therapy for children birth to  
Kindergarten

**NK'MIP Resource Centre** 250-498-6935

Health services for Osoyoos Indian Band  
members

**HealthLinkBC** 811

24 hours/7days/week: to speak with nurse  
or 5pm to 9pm with pharmacist (in 130 languages)

### **Child & Youth Mental Health Services**

250-487-4422

**Adult Mental Health Services** 250-495-6543

**Chiropractor: Dr. Brandt Leinor** 250-498-3880

**Community Asthma Centre: ages 2+** 250-770-5527

**Dentists: Dr. Donaldson/Dr. Nofhle** 250-498-2323

Dr. Ng 250-498-2646

**La Leche League: Jennette** 250-492-3522

Denise 1-250-496-5857

~Breastfeeding support for mothers

**Options for Sexual Health** 1-800-731-7803

(Formerly Planned Parenthood)

**Sexual Health Clinic** 250-770-3434

**Optometrist** 250-498-2020

Waterfront Eyecare - Yearly vision exams for  
children under 18 years are free.

## FAMILY SUPPORT

**Child Care Resource & Referral** 250-492-2926

**Child Care Subsidy** 1-888-338-6622

### **Children Who Witness Abuse program**

For children who have witnessed emotional or  
physical abuse. 250-498-2538

## **Baseball**

T-Ball for ages 4-6 yrs; 250-498-4985

Apr to Jun

Blastball ages 3-5 yrs 250-498-4985

## **Soccer**

fall or spring training 250-498-4985

for children age 3 -5

## **Swimming Pool**

250-485-0999

## SKATING:

**Public Skating** 250-498-4985

### **Canskate & Beginners**

250-498-4985

S.O. Figure Skating Club: ages 4-6

## **Hockey**

S.O. Minor Hockey: 250-689-4936

prenovice ages 5 & 6

~Wendy Langsmith, Registrar

**It takes a community  
to raise a child.**

## INTERFAITH ACTIVITIES

**Bhavsagar Sikh Temple** 498-6677

Gurmat Spring Camp ages 5 and up

**Christ the King Catholic Church** 498-3934

Children's liturgy, ages 3 - 7 9:00am Mass

Religious Education Classes, Grade 1(6 yrs+)

Tues 6:00pm

**Living Way Christian Centre** 498-4595

Wee Disciples ages 0-4

Super Church ages 5 & 6

**Oliver Alliance** 498-4253

Nursery Program, ages 0-3 from 9-12am;

Sunday School, ages 2-6, 9:15 am. Summer

Program in August, ages 5 plus.

**Oliver Word of Life Centre** 498-4434

Children's Church, ages 0-6, 11:15 am.

**Park Drive Pentecostal Assembly** 498-2322

Sunday School, ages 4-6, 10:30 am.

**St. Edward's Anglican Church** 498-2559

Children's Program, ages 6 and up, 11:00 am.

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**Aimee's Family Day Care** 250-498-0300  
 ~Aimee Grice  
**Penny's** 250-498-4458  
 ~Penny Burnett  
**Pitter Patter Day Care** 250-498-2837  
 ~Chris Rehbein  
**Tippytoes Licensed Family Day Care**  
 ~Jen Jensen 250-498-0709

**CULTURE & RECREATION**

**Beavers, division of 1st Oliver Scouts**  
 ~Tracey Boen 250-498-4562

**Joyful Sounds** 250-498-4304  
 Children's music: piano and keyboard  
 ~Sue Gay

**Music for Little Mozarts** 250-498-0206  
 Classes for ages 3-5; piano program for ages 4-6  
 ~Melissa Graham

**Road 13 Music Studio** 250-487-9663  
 Guitar & Band Instruments - ages 6 and up

**Oliver Library Story Hour** 250-498-2242  
**Storytime** for children 3-5 years, Fridays  
**Toddler time** for under 3 and their caregivers,  
 Wednesdays  
**Summer Reading Club:** Ages 5 and up  
 ~Vicky White

**Parents and Tots** 250-498-4985  
 Socializing for parents and children 0-5; age-  
 appropriate equipment in Community Hall  
 Call for day and time.

**A good start in life is  
 important for success!**

**Oliver Parks & Recreation** 250-498-4985

**Playgrounds:** Community Centre Park  
 Kinsmen Park & Splash Park  
 Lions Park  
 Oliver Elementary School  
 Rotary Beach  
 Tuc El Nuit School  
 Hike & Bike Path

Check our website [www.communitiesforkids.ca](http://www.communitiesforkids.ca) click on Map  
 Resources ⇨ Oliver ⇨ Sports to find a map of Oliver's  
 parks.

**Community Action Plan for Children** 498-2538  
 CAPC provides a venue for parents of children 0-6  
 years, and parents-to-be.  
 ~Arlene Lawrence

**Crisis Line** 493-6622  
 Provides information, education and referrals to  
 people experiencing emotional/personal  
 difficulties. Open 24 hours a day.

**Desert Sun Counselling** 498-2538  
 Women's counselling program; Men's counselling  
 Program

**Dragonfly Pond Respite Society** 490-3305  
 Supporting families who have children with complex  
 care needs.

**Children learn what they  
 live - lead by example.**

**Drug & Alcohol counselling** 485-8708  
 Individual and family counselling

**Fetal Alcohol Consultation, Education and Support**  
 492-5814  
 Services pertaining to alcohol-related birth  
 defects and other disabilities caused by drug use  
 during pregnancy.

**Foster Parent Support** 488-0561  
**Adoptive Parent Support** 1-877-236-7807

**Help Line for children** 310-1234

**Immigrant & Community Services** 492-6299  
 Translations & ESL classes

**Infant Development Program** 493-0512  
 Services for children from 0-3 years who are at  
 risk or already have a delay in development.  
 ~ Karen Brough

**Ministry of Children and Family Development**  
 Family support & child protection 485-6001

**OSNS Child Development Centre** 492-0295  
 Provides assessment and early intervention for  
 children birth to school age in the South Okanagan  
 & Similkameen Region who have special needs.  
 Open referral.

**Okanagan Boys & Girls Club** 498-8844  
Integrated Family Development Services,  
Children's program, child and youth counselling,  
crisis intervention

**Oliver Foodbank** Wed. 9-11 a.m.  
behind Shoppers Drug Mart on 98<sup>th</sup> St.

**Oliver Women's Institute** 498-4705  
Learn, share and develop skills to nurture you and  
your family

**Parenting After Separation** 492-5814  
Services for those dealing with issues of child  
custody, guardianship and/or support after  
separation.

**Parenting Wisely** 498-8844  
Interactive program to support effective ways  
of managing difficult behaviours, ages 5 and up.  
~Okanagan Boys and Girls Club

**Penticton Transition House** 493-7233  
Provides emergency shelter for women and their  
children in a crisis. 24 hours a day

**SO Safe Home:** 1-877-723-3911  
Temporary safe shelter for women and children  
fleeing abusive situations

**Supported Child Development Program**  
Referrals for families with children who need  
extra support 250-492-5864

**Tenant Rights Hotline** 1-800-665-1185

### EDUCATION

**Inkameep Preschool/Daycare Centre** 250-498-3010  
~Karen Greig

**Little Lambs Christian Preschool** 250-498-3333

**Little Wonders Preschool** 250-485-2439

**T.E.N. Preschool** 250-485-8969  
~Tracy Hunt

**Hang T.E.N. Afterschool** 250-485-8041  
~Diane Gludovatz /498-1847

**Hangout(OES)Afterschool Program** 250-535-0709  
~Laurie MacAhonic

### **Kindergarten**

~ for children who will be 5 years old by Dec.31

Oliver Elementary 250-498-3468

Tuc-el-Nuit Elementary 250-498-3415

Sen Pok Chin 250-498-2019

Good Shepherd Christian School 250-495-3549

Home School Outreach (DL) 250-498-4597

**Books for BC Babies** 250-498-5072

A book bag to encourage a love for books; for  
parents of newborns.

~ Public Health

**Building Blocks** 250-498-6935

Outreach program for early literacy for families  
of First Nations children 0-3

~Colleen Baptiste

**Head Start at Sen Pok Chin** 250-498-2019

Program to enhance early childhood development  
and school readiness of First Nations preschool  
children. Birth to 6 years.

~Theresa Swift

**Mother Goose** 250-485-4024

Stories, rhymes and songs for parents and tots.

~Theresa Swift

**Oliver Elementary StrongStart BC Centre**

a free school-based early learning program for  
children age 0-6

~ Dana Bedard 250-498-3468

**St. John Ambulance** 250-492-4909

First Aid training for parents.

~Debbie Cosby

**South Okanagan Community Literacy Program**

~Mary Kiviste 250-492-4305

Provides reading and writing upgrading skills for  
adults/parents.

### **OLIVER FAMILY CHILD CARE**

**Child Care Resource and Referral** 250-492-2926

Referrals to families for child care/

**Inkameep Pre-school Day Care Centre** 498-3010

~Karen Greig